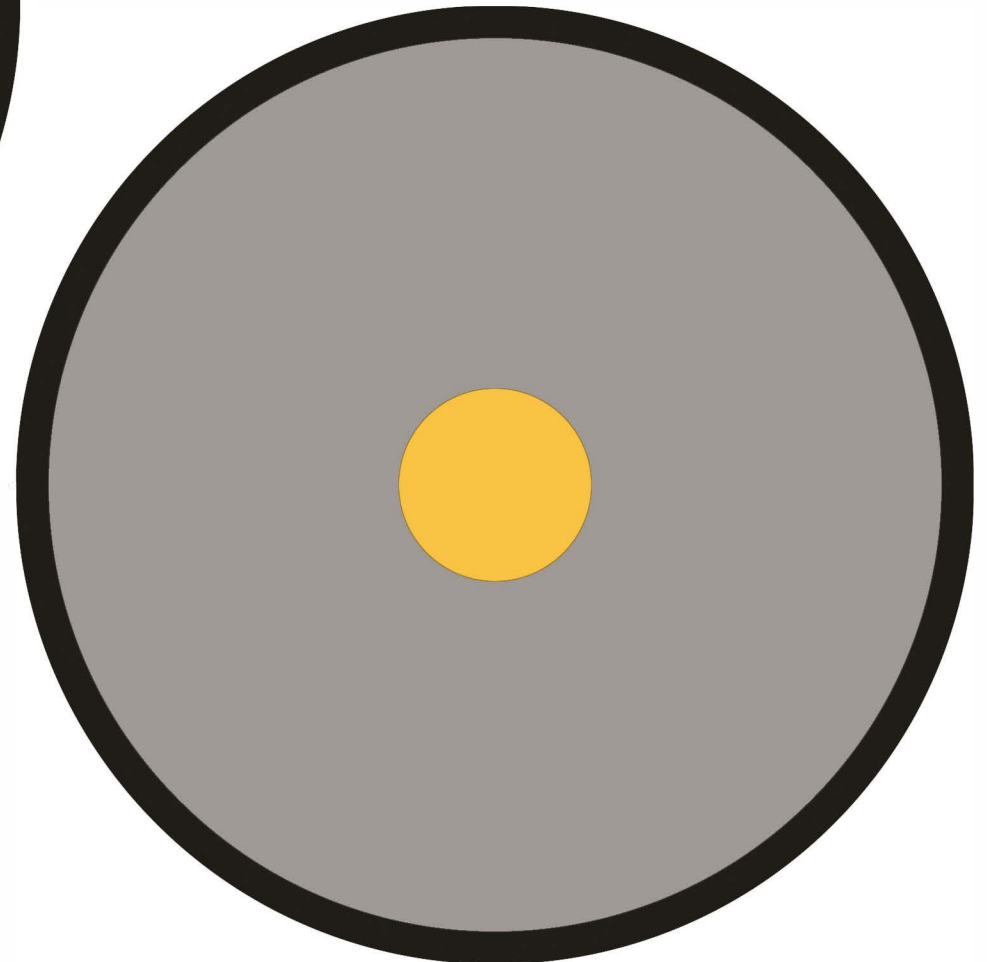
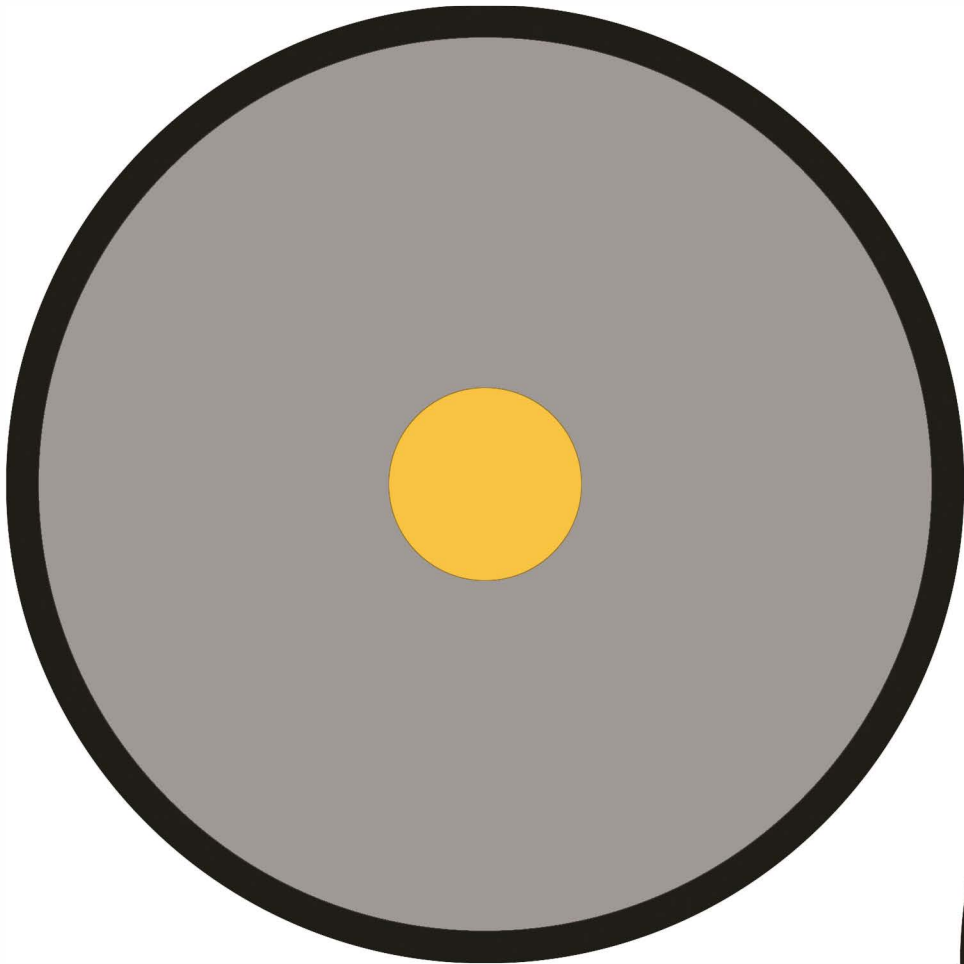


5x5 Drill



Original drill created by Gila Hayes.

Instructions:

Five shots, five inches, five yards, five seconds.

Use a shot timer and start from a low ready position.

At the beep, fire five rounds at one of the circles.

A passing grade is landing all five shots in the circle within five seconds.